

**A BRIEF NOTE FOR SECRETARY (YA) ON CELEBRATION OF  
INTERNATIONAL DAY OF YOGA ON 21<sup>st</sup> JUNE, 2015  
(CONTINUED)**

Besides, providing the services of NSS Volunteer to act as stewards in Delhi on 21<sup>st</sup> June, at boat club, Rajpath New Delhi, the NSS proposes to celebrate the event in all the 350 Universities having NSS to celebrate the event in a befitting manner. The following programmes/activities will be conducted by the NSS Unit of various Universities to mark the occasion.

1. NSS volunteers shall be performing Yoga in all the Head Quarters of 350 Universities having NSS from 7 : 00 A. M. to 7 : 35 A. M.
2. Some of the universities will be arranging demonstrations of Yoga by the experts.
3. Lectures will be arranged on “Benefits of Yoga” for the NSS volunteers.
4. NSS units have been directed to involve large number of NSS volunteers to make the programme a big event.
5. A brief report of the event will be sent by all the Regional Centres after the completion of the event along with the action photographs and the number of NSS volunteers, attended the programme.